

NEWBURGH

ENLARGED CITY SCHOOL DISTRICT

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 Asst. Superintendent, Human Resources
 Asst. Superintendent, Chief Information & Data Officer
 Asst. Superintendent, Elementary Curriculum & Instruction
 Asst. Superintendent, Finance/Chief Financial Officer
 Asst. Superintendent, Exceptional Learners

DATE: February 24, 2026

MEMO: TO ALL SCHOOLS-PLEASE POST

This posting will close at 4 PM
 on Thursday, March 5, 2026

FROM: Genieve Holder ^{6/15/26}
 Assistant Superintendent for Human Resources

RE: Internal Posting – Yoga Teacher-Athletic Department – Open to CSEA or NTA Members

ANTICIPATED TIME FRAME: March – June 2026

SCHEDULE: Flexible, aligned with athletic seasons and team schedules

The Athletic Department is seeking a qualified and motivated Yoga Teacher to support student-athletes through structured yoga instruction. The Yoga Teacher will work under the supervision of the Athletic Director and collaborate with athletic coaches to enhance student-athlete wellness, flexibility, strength, focus, and recovery. This role is designed to support the physical and mental well-being of student-athletes across multiple sports.

*Work must be performed before or after the contractual work day

*Applicants must hold NYS certification in the area that they are applying

Posting Name	Position	Location (s)	Days
EMP-YOGA	1-Yoga Teacher (May be an NTA or CSEA member)	District	Tuesday & Thursday (Possible Wednesdays due to game schedules)

REMUNERATION: (NTA) As per Schedule “O” of the NTA Collective Bargaining Agreement

REMUNERATION: (CSEA) As per the hourly rate

Key Responsibilities:

- Provide yoga instruction to athletic teams in support of training, recovery, and overall wellness.
- Collaborate with the Athletic Director to coordinate scheduling and program implementation.
- Work with athletic coaches to tailor yoga sessions to meet the needs of specific teams and sports.
- Design age-appropriate and sport-specific yoga routines focused on flexibility, balance, strength, breathing, and mindfulness.
- Promote injury prevention and safe movement practices.

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- Foster a positive, inclusive, and supportive environment for all student-athletes.
 - Maintain professional communication with athletic staff and administration.

Qualifications:

- Valid Yoga Teacher Certification (minimum 200-hour certification).
- Experience working with adolescents and/or athletic populations preferred.
- Knowledge of physical conditioning, injury prevention, and recovery practices.
- Strong interpersonal and communication skills.
- Ability to work a flexible schedule, including before or after school hours.
- CPR/First Aid certification preferred (or willingness to obtain).

Funding Source: Empire Program Grant

Internal Applicants: Please apply online through the District's website (www.newburghschools.org) under the District Tab-Employment with the District.

Paper applications will not be accepted. **PLEASE DO NOT E-MAIL Ms. Holder directly.**

GH:sb