



PRINCIPAL'S UPDATE

As the holiday season approaches, many students feel excitement—but also stress. Between family gatherings, schedule changes, and academic deadlines, this time of year can feel overwhelming. Here are a few ways to support your child during the weeks ahead:

- Keep routines steady: Consistent sleep, study time, and household expectations help teens stay grounded.
- Talk openly: Check in about how they're feeling. The holidays can bring up mixed emotions, and knowing they're heard makes a big difference.
- Plan ahead: Review upcoming school deadlines and events together to avoid last-minute pressure.
- Make space for balance: Encourage moments of rest, time with friends, and healthy ways to unwind.

The faculty and staff at NFA Main wish you all the joys of the season and happiness throughout the upcoming year. Enjoy the Winter Break. We look forward to seeing you all in 2026!

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UPCOMING EVENTS

BLOOD DRIVE

THURSDAY, DECEMBER 4 8:30 AM - 12 PM

One donation saves three lives

WINTER CONCERT I

THURSDAY, DECEMBER 18
6PM

Please come enjoy an evening of musical performances

HALF DAY FOR STUDENTS

TUESDAY, DECEMBER 23

Students will be dismissed at 10:15 AM

WINTER RECESS BREAK

WEDNESDAY, DECEMBER 24 - FRIDAY, JANUARY 2

The district will be closed on Wednesday, December 24th through Friday, January 2nd. Students will return to school on Monday, January 5th



December 2025

NFA MAIN SPOTLIGHTS

NFA PTSG

NFA held the **first** PTSG - Parent, Teacher, Student Group meeting on Thursday, November 13th! This group will help support our students, faculty and staff throughout the school year. It's not too late to volunteer! Please use the link to sign up. **NFA PTSG** The next meeting will be December 11th. The group has already identified several events and fundraisers for NFA! Stay tuned!!

Chicago

On November 14 and 15th families and community members enjoyed the teen version of Chicago performed by our amazingly talented students. The singing and dancing was extraordinary! Thank you to the cast, crew and Ms. Clifford for 2 wonderful evenings of entertainment.

**Coming soon... the Spring musical MATILDA

Reading Party at Balmville Elementary

On Tuesday, November 18th Mr. Henty and students from NFA went to Balmville Elementary for the first "Reading Party". As a Balmville Elementary School alum ('09) it was his privilege to return with members of the English Honor Society to help foster a love of literacy among younger students. Watching our high schoolers read and engage thoughtfully with fourth grade students was heartening.

Student participant, Roberto Coyopol Solis, reflected that reading with children "filled [him] with a great sense of nostalgia and joy", reminding him of his own early days "when the vocab quiz at the end of the week" was his biggest concern. He was struck by the students' "ardour and integrity", noting how these qualities made the experience most meaningful. He hopes that the conversations they shared will remain with the children and encourage them to reach their academic potential.

Such special moments remind us how powerful literacy can bridge generations of learners.



NEW NEWS

THE POLAR EXPRESS FRIDAY, DECEMBER 5 6 PM

The NFA Dance Department presents an all-dance production of **The Polar Express** on **Friday, December 5th, at 6:00 PM**. Join us for holiday fun as the dancers of the NFA Dance Department bring this classic story to life on stage through movement and music! A suggested donation of **\$5.00** will be accepted at the door. Seating is General Admission.

A CHRISTMAS CAROL
FRIDAY, DECEMBER 12
7PM
SATURDAY, DECEMBER 13
2PM & 7PM

Start the holiday season off as the Newburgh Free Academy presents "A Christmas Carol" in the Black Box Theater. Come and enjoy NFA's talented students as they perform this classic. Tickets will be sold at the door \$10 per person or \$8.00 for senior citizens over 65 and kids under 5. Seats are general admission- first come first serve. We hope to see you there!