



NEW WINDSOR SCHOOL NeWSLETTER

SEPTEMBER 2025



PRINCIPAL'S UPDATE

Dear NWS Families,

We hope this school year is off to a fantastic start for you and your children! At NWS, we are dedicated to helping every student grow and succeed, and we know that this is best achieved when we work together as a team.

Here are a few ways you can support your child's success:

- **Reading at Home**: Encouraging daily reading builds strong literacy skills. Just 20 minutes a day can make a significant difference!
- **Daily Attendance**: Being in school every day ensures your child does not miss valuable learning time. Every day counts!
- **PBIS Expectations**: Discuss with your child the importance of NWS Expectations to ***Be Responsible, Be Respectful, Be Ready, and Be Safe*** —both at school and beyond. Together, we can reinforce these essential values.
- **Support the NWS PTO**: The PTO plays a crucial role in enriching our school community. Your participation, whether big or small, helps fund programs, events, and resources that benefit all students.

Thank you for being such an integral part of the NWS community. We appreciate your continued support and partnership!

With enthusiasm,

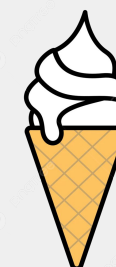
Newburgh



Mr. Camt

Principal

UPCOMING EVENTS



**PTO BACK TO SCHOOL
ICE CREAM SOCIAL**

10-03-2025 @ 5:30PM



**KINDERGARTEN
FIELD TRIP
TO DUBOIS FARMS**

10-08-2025



NWS FALL DANCE

10-17-2025 @ 6:00PM



**NWS ASSEMBLY (K-2)
CHARACTER AMBASSADOR**

10-27-2025 @ 9:45AM



NWS FALL PICTURE DAY

10-30-2025



**NWS ASSEMBLY (3-5)
CHARACTER AMBASSADOR**

11-04-2025 @ 9:45AM

*Mark Your Calendars!
So you don't miss any events!*

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RECENT EVENTS



NWS: OPEN HOUSE

09-25-2025

[Link to Album](#)



NWS: PBIS ASSEMBLY

09-11&16-2025

[Link to Album](#)



NWS: 1ST DAY OF SCHOOL

09-04-2025

[Link to Album](#)



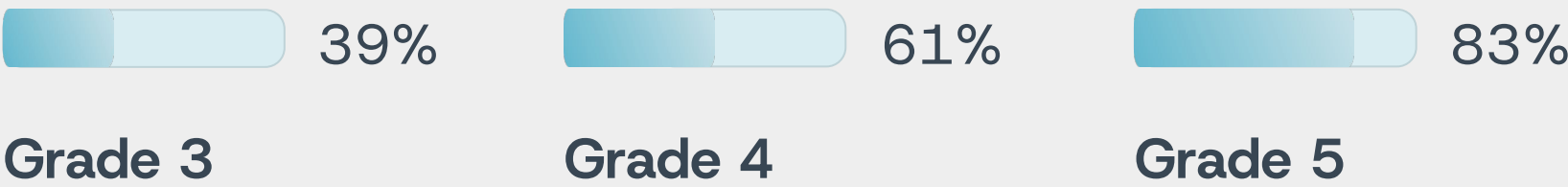
NWS: KINDERGARTEN ORIENTATION

09-03-2025

[Link to Album](#)

NYS Assessment Results: Math

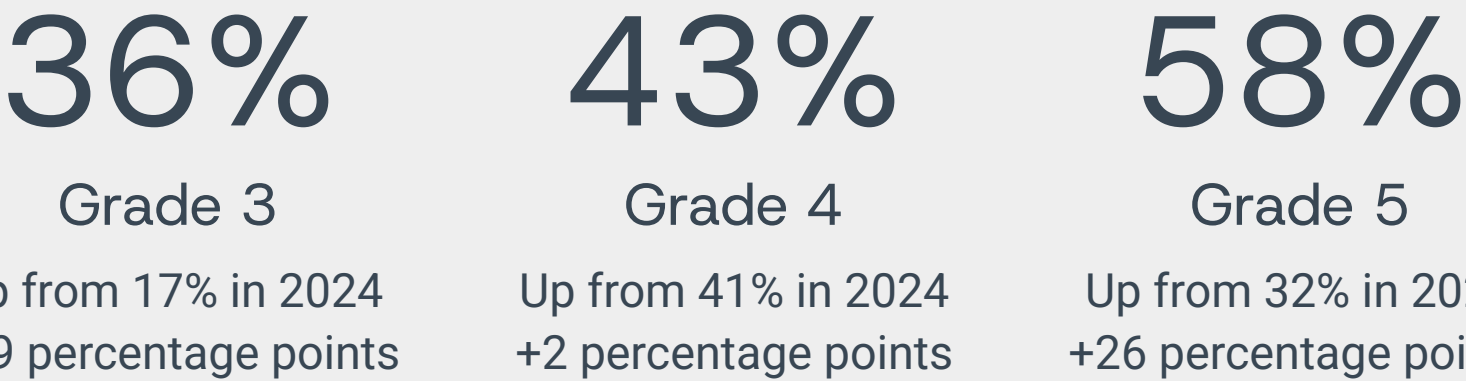
(% Proficient – AKA Levels 3&4)



Math results were **predominantly positive**. Grade 5 achieved exceptional growth, reaching 83% proficiency. Grade 3 showed steady improvement, while Grade 4 strong performance at 61% proficiency.

NYS Assessment Results: ELA

(% Proficient – AKA Levels 3&4)



ELA scores showed **remarkable improvement** across all tested grades, with Grade 5 and Grade 3 demonstrating the most significant gains. This upward trajectory positions our students well for continued academic success.

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9/11 Memorial Activities!



In **Ms. Hand** and **Mrs. Gordon's** class, students took time to reflect on the events of 9/11 and the many heroes who showed great courage that day. Together, we celebrated the bravery and selflessness of those who helped others in the face of tragedy. The class discussed how even in difficult times, people find ways to uplift and support one another. Students read the book *Fireboat*, which tells the story of a retired NYC fire boat that came back into service to help on 9/11. This lesson reminded us of the power of hope, kindness, and courage in the hardest of times.

OUR MISSION

As the Goldback community, we will educate and empower our students to build their futures and support their community.

OUR VISION

Creating voice, choice, and opportunity for impacting the future of all Goldbacks.

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**NWS: PBIS
Expectations!**

**Be Responsible,
Be Respectful,
Be Ready, and
Be Safe!**



**NWS: Attendance
Pledge**

**I pledge to go to
school every day,
be on time, and be
ready to learn.**





School Psychologist's Corner!

Why Bedtime and Limiting Device Usage Matter

A regular bedtime and healthy limits on phones, tablets, and other devices are two of the most important routines you can give your child. Both directly affect how well children learn, behave, and feel every day.

1. Sleep is fuel for learning and growth.

Children need 9–11 hours of sleep, depending on their age. When kids are well-rested, they:

- Focus better in school
- Regulate their emotions more easily
- Solve problems and remember information more effectively
- Have more energy for play, sports, and creativity

When they don't get enough sleep, you may notice irritability, trouble paying attention, or even physical complaints like headaches and stomachaches.

2. Devices can interfere with sleep and brain rest.

- Tablets, phones, and TVs give off blue light that makes the brain think it's still daytime, delaying the release of melatonin (the sleep hormone).
- Using devices close to bedtime can make it harder for kids to fall asleep and stay asleep.
- In addition, constant screen time can overstimulate the brain, leaving children restless and less able to wind down.

3. Healthy routines set kids up for success.

- **Set a consistent bedtime and wake-up time** (even on weekends).
- **Turn off devices at least 30–60 minutes before bed.** Encourage quiet activities instead, like reading, drawing, or talking about the day.
- **Create a “charging station”** outside of bedrooms, so kids aren't tempted to sneak their devices at night.
- **Utilize an alarm clock** - not a device - to wake your child in the morning.
- **Model healthy habits.** Children are more likely to follow routines if they see parents doing the same.

By protecting sleep and setting limits on screens, you're giving your child the best chance to thrive academically, socially, and emotionally!



Mrs. Caci

School Psychologist

BLAST FROM THE PAST



NWS: LAST DAY OF SCHOOL

06-27-2025

[Link to Album](#)



NWS: 5TH GRADE GRADUATION

06-24-2025

[Link to Album](#)



NWS: KINDERGARTEN MOVING UP

06-17-2025

[Link to Album](#)



NWS: FIELD DAYS & SPIRIT WEEK

06-2025

[Link to Album](#)

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The School Counselor's Corner!



What is SEL? The Zones?

SEL is an abbreviation of Social Emotional Learning. There's a lot to unpack with **SEL**, and it encompasses life lessons and skills that go far beyond our walls. You'll hear more about our various **SEL** topics as the year progresses.

NWS utilizes The **Zones of Regulation** process as part of its **SEL** Program. There will be more information forthcoming, but in a nutshell, there are four zones we all exist in: Blue, Green, Yellow, and Red, and they are identified by our emotional state and how much energy is behind that emotion. In the blue zone lives our lowest energy feelings, like sadness, tiredness, boredom, etc. When we're in the green zone, we're happy, focused, ready to learn, and in control of our words and actions. In the yellow zone we find feelings that reflect extra energy that prevents us from being fully focused on what's in front of us, such as frustration, nervousness, excitement, or worry. The red zone is where we feel those high energy feelings, such as anger or terror.

NEWBURGH
GOLDBACKS



Mr. Michalek
School Counselor

DISTRICT NEWS

SUPERINTENDENT'S CONVERSATIONS SERIES

Dr. Jackie Manning Campbell, Superintendent of Schools, would like to hear from you! Please complete this brief survey, so her upcoming [Community Conversations Series](#) is tailored for our families! We look forward to collaborating with our families as educational partners.



TEXTING BEGINS!

The district will begin sending texting messages this fall. To receive the messages, make sure your cell phone number is correct in the cell phone field. The number can be listed twice if that is your primary number. All parents/guardians who wish to receive a text should make sure their number is listed in the correct spot in their personal Parent Portal Account.

WALL CALENDARS

Wall calendars will be distributed to the youngest and only child of each family soon. You will find it in your child's backpack. Families can always add letter days and school/district events to their Google calendar for the most up to date information.