

# NEWBURGH FREE ACADEMY

## ATHLETICS

# NEWSLETTER

January 12, 2026



## GOLDBACK

### TT Burden Makes History at Newburgh Free Academy

Newburgh Free Academy basketball history was rewritten as Terri'Nashjae "TT" Burden became the All-Time leading scorer in Newburgh Basketball. With poise, confidence, and a signature deep jumper, TT surpassed a long standing record set and held by Mickey Burkowski in 1955, cementing her legacy as one of Newburgh's all-time greats. A dynamic leader on the court, she has consistently set the standard with her work ethic, competitiveness, and team-first mentality. This milestone is a testament to not only her scoring ability but to her years of dedication and commitment to excellence. Congratulations TT on an incredible achievement!

The Lady Goldbacks are also enjoying a strong season on the court, currently holding a solid 6-3 overall record and an impressive 5-1 Section record. The team has shown great growth, resilience, and chemistry competing with great energy on both ends of the floor. These girls are a force on that court and have positioned themselves well as they continue to build momentum heading into the heart of the season. Exciting basketball lies ahead for this talented group of athletes.

## UPCOMING EVENTS

### WRESTLING

#### *Section 9 Duals*

*Tues 1/12/26 5pm @ NFA  
Dual meet vs Cornwall  
Future Stars Night  
Fri 1/16/26 5pm @ NFA*

### BOYS BASKETBALL

*Varsity vs New Paltz  
Wed 1/14/26 5 PM @ NFA  
Sat 1/17/26 vs Monroe  
Woodbury @ NFA  
JV @ 10:30 PM  
Varsity @ 12 PM*

### GIRLS BASKETBALL

*Thursday 1/15/26 vs Monroe  
Woodbury @ NFA  
JV @ 5 PM  
Varsity @ 6:30 PM*

### COMPETITION CHEER

*Wildcat's Battle of the Bows @ Warwick Valley High School  
JV performs @ 1:40 PM  
Varsity performs @ 2:30 PM*

## GOLDBACK UPDATES CONTINUED

### RALLY IN THE VALLEY

JV and Varsity Cheer kicked off their competition season in impressive fashion, with both squads earning 3rd place finishes in their first competition of the year. Even more exciting, the JV squad hit zero on their routine, a huge accomplishment in their first competition of the season. Both teams showcased strong routines, great energy, and solid execution, setting a positive tone for the weeks ahead. A fantastic start for our cheer programs- we're so excited to watch them continue to grow and shine! Come out to Warwick this Saturday to watch them compete at Battle of the Bows!! GO GOLDBACKS



### Athletic Director's ShoutOut

We are incredibly thankful for our transportation staff here at Newburgh, and at the companies that service our schools, whose hard work and dedication ensures our athletes get where they need to be safely and on time! Their willingness to accommodate last-minute changes, adjust schedules, and go above and beyond for our student athletes is absolutely amazing. Our Athletic programs could not run smoothly without their flexibility and commitment to supporting our students. We truly appreciate everything they do for our athletes and our school community! Linda, Patty, Joel, Monica, Michele, Julie, Jennifer, Suzi, Rachel, Sharon, and Marilyn you are amazing!!

### NFA WRESTLING

Three NFA wrestlers competed at the highly competitive Eastern State Classic this past weekend, displaying their hard work, dedication and grit on one of the biggest stages of the season. While all three athletes wrestled tremendously, two out of the three earned impressive podium finishes. These accomplishments are huge seeing as they battled against wrestlers from 180 schools across 6 states! This performance highlights the incredible commitment our wrestlers and coaching staff have to the success of our NFA program.

