

NECSD Pre-K Breakfast & Lunch Menu

NOVEMBER 2024

				1 Breakfast: WG Apple Cinnamon Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk Lunch: Homemade Cheese Pizza Tossed Romaine Salad Chilled Cinnamon Pears 1% Milk
4 Breakfast: Nut-Free Granola Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk Lunch: All White Meat Chicken Nuggets w/ a Whole Wheat Dinner Roll Baked Sweet Potato Fries Steamed Green Beans Apple 1% Milk	5 Superintendent's Conference Day No School For Students	6 Breakfast: WG Blueberry Bread Fresh, Dried, or Canned Fruit 1% Milk Lunch: French Bread Cheese Pizza Steamed Broccoli Fresh Fruit 1% Milk	7 Breakfast: Chicken Sausage on a WG Biscuit Fresh, Dried, or Canned Fruit 1% Milk Lunch: Beef & Cheese Nachos Steamed Corn Steamed Brown Rice Fresh Fruit 1% Milk	8 Breakfast: WG Banana Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk Lunch: Homemade Cheese Pizza Cucumber Dill Salad Chilled Applesauce 1% Milk
11 Veteran's Day No School	12 Breakfast: Cheerios Bowl w/a Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk BRUNCH for Lunch: Cinnamon French Toast Sticks Turkey Sausage Patty Oven Roasted Potatoes Warm Blueberries 1% Milk	13 Breakfast: WG Confetti Pancakes Fresh, Dried, or Canned Fruit 1% Milk Lunch: BBQ Chicken & Cheese Slider Baked Sweet Potato Fries Warm Peaches 1% Milk	14 Breakfast: WG Pumpkin Bread Fresh, Dried, or Canned Fruit 1% Milk Lunch: Sloppy Joe on a WW Bun Steamed Carrot Coins Banana 1% Milk	15 Breakfast: WG Blueberry Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk Lunch: Homemade Cheese Pizza Fresh Broccoli Salad Apple Slices 1% Milk
18 Breakfast: Zee Zee's B-day Cake Bar Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk Lunch: Bagel Kit WG Bagel w/ Cream Cheese Low fat Yogurt Mozzarella Cheese Stick Carrot Sticks w/ Dip Green Apple 1% Milk	19 Breakfast: Maple Belgian Waffle Fresh, Dried, or Canned Fruit 1% Milk Lunch: Twisted Cheese Filled Breadstick w/ Marinara Steamed Green Beans Fresh Fruit 1% Milk	20 Breakfast: Rice Krispies Bowl w/a Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk Lunch: Homemade Macaroni & Cheese Steamed Broccoli Fresh Fruit 1% Milk	21 Breakfast: WG Bagel w/Cream Cheese Fresh, Dried, or Canned Fruit 1% Milk Lunch: Roasted Turkey & Gravy Whole Wheat Dinner Roll Mashed Potatoes Steamed Green Beans 1% Milk	22 Breakfast: WG Mini Corn Loaf Mozzarella Cheese Stick 100% Juice Choice of Milk Lunch: Homemade Cheese Pizza Fresh Spinach Salad Chilled Applesauce 1% Milk
25 Breakfast: Cheerios Bowl w/a Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk Lunch: Golden Breaded Chicken Filet on a Whole Wheat Roll Oven Baked Fries Steamed Carrots 1% Milk	26 Breakfast: Cinnamon French Toast Sticks Fresh, Dried, or Canned Fruit 1% Milk Lunch: Grilled Cheese on WW Bread Steamed Broccoli Banana 1% Milk	27 Superintendent's Conference Day No School For Students	28 THANKSGIVING RECESS	29 THANKSGIVING RECESS

Meals are provided to all Pre-K Students at NO Cost!