



Beginning of the Year Pre-Kindergarten Learning Choice Board

Week 1	Social Emotional	Literacy	Math	Physical/Gross Motor	Fine Motor
Monday	<p>Objective: Students will manage feelings.</p> <p><u>If You're Happy & You Know It.</u> Have your child show you their happy face and then tell you what makes them feel happy.</p>	<p>Objective: Students will demonstrate phonological awareness.</p> <p><u>Sound Game</u> Have your child make the same letter sound that you make for each letter of the alphabet. Say "Ahhh" for A, etc.</p>	<p>Objective: Students will use number concepts and operations.</p> <p><u>Counting Steps</u> Have your child count with you as you walk holding hands. Count together from 1 to 20.</p>	<p>Objective: Students will demonstrate traveling skills.</p> <p><u>Walk on a Line</u> Place a long piece of yarn on the floor. Have your child walk on the piece of yarn, placing one foot in front of the other.</p>	<p>Objective: Students will demonstrate fine-motor strength and coordination.</p> <p><u>Playdough</u> Have your child use playdough to make balls and roll long pieces into snakes.</p>
Tuesday	<p>Objective: Students will follow limits & expectations.</p> <p><u>Follow Me/Simon Says</u> Have your child listen and follow directions (Examples: Wiggle your hands, touch your head, touch your</p>	<p>Objective: Students will demonstrate knowledge of the alphabet.</p> <p><u>Alphabet Song</u> If you know the ABC song sing it out loud. Sing it with a smile on your face. OR - Sing another song out loud. Be sure to sing with a smile on your face.</p>	<p>Objective: Students will explore and describe spatial relationships and shapes.</p> <p><u>Find Things That are Circles</u> Students learn about the circle shape. Have your child look for circles around their home. (Examples: dish, clock, top of a glass</p>	<p>Objective: Students will demonstrate balancing skills.</p> <p><u>Stand on One Foot</u> Have your child stand on one foot for the count of 5. Then have your child then stand on the other foot for the count of 5.</p>	<p>Objective: Students will demonstrate fine-motor strength and coordination.</p> <p><u>Shaving Cream Or Soapy Mix on a Plate</u> Have your child draw in the shaving cream. Have your child draw straight lines, curved lines and squiggly lines.</p>



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	toes, put your hands behind your back, jump, twist, wave)		or cup.).The students can trace around the circle shape.		
Wednesday	Objective: Students will take care of own needs appropriately. <u>Bedtime Routine</u> Have your child get ready for bed. Ask them what goes first, next, and last. (For example) First, put toys away. Next, put their pajamas on. Last, brush their teeth.	Objective: Students will demonstrate knowledge of print and its uses. <u>Grocery List</u> Have your child sort the cans and boxes of food and place them in the pantry.	Objective: Students will compare and measure. <u>Which One is Taller?</u> Have your child compare what is taller, the water or the soda bottle.	Objective: Students will demonstrate gross-motor manipulative skills. <u>Throw and Catch a Ball</u> Throw a small ball to your child and ask him/her to catch it and then try to throw it back to you.	Objective: Students will demonstrate fine-motor strength and coordination. <u>Clapping Game</u> Say a simple sentence, one word at a time and show your child how to clap at every word until the sentence is completed.



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Thursday	Objective: Students will respond to emotional cues. <u>Caring and Helping at Home</u> Have your child pick up their toys after they are finished playing. Then praise them for doing it.	Objective: Students will comprehend and respond to books and other texts. <u>Read a Book ask Questions</u> Ask your child to pick a book they would like you to read and ask them questions about the story.	Objective: Students will use number concepts and operations. <u>How Many Cookies Are Left?</u> Have your child put cookies or crackers on the table. Take one away at a time, then ask how many are left.	Objective: Students will demonstrate traveling skills. <u>Obstacle Course</u> Have your child go under a chair, around the chair, through a doorway, and over a pillow or box.	Objective: Students will demonstrate fine-motor strength and coordination. <u>Fingerplay</u> Have your child do the Itsy Bitsy Spider song with their fingers.
Friday	Objective: Students will balance needs and rights of self and others. <u>Taking Turns at Home</u> Play a game with your child, where they have to wait their turn.	Objective: Students will demonstrate writing skill <u>Making Art</u> Have your child draw or scribble using a crayon. Have them use their favorite color crayon.	Objective: Students will compare and measure. <u>Comparing Sizes</u> Get one big toy and one small toy and ask your child which is bigger and which is smaller.	Objective: Students will demonstrate gross-motor skills. <u>Hopscotch</u> Have your child play "hopscotch" jumping from one square to another.	Objective: Students will demonstrate fine-motor strength and coordination. <u>Fastening Skills</u> Have your child try to zip or button their jacket.