

NEWBURGH GOLDBACKS™

NFA WEST CAMPUS LUNCH MENU

January 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	No School	2 All Beef Hotdog w/ Assorted Toppings Baked Fries Baked Beans Steamed Carrot Coins	3 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins	4 Turkey Bacon Cheddar Ranch Panini Baked Fries Steamed Carrot Coins Grab & Go Sandwich Lunches available for Internships	5 Baked Mozzarella Sticks w/ Marinara Dipping Sauce Whole Wheat Dinner Roll Steamed Broccoli
	8 Chicken Mashed Potato Bowl Mini Biscuit Golden Corn	9 Grilled Cheese on Whole Wheat Bread Baked Fries Lentil Soup Steamed Green Beans	10 Breaded Chicken Drumstick Homemade Macaroni & Cheese Steamed Broccoli	11 Italian Combo Panini Baked Fries Steamed Broccoli Grab & Go Sandwich Lunches available for Internships	12 Homemade Stromboli Bar! Choose from Buffalo Chicken, Chicken Broccoli Cheddar, or Pepperoni & Cheese Steamed Green Beans
	15 Martin Luther King Jr. Day No School	16 Burger Bar! All Beef Burger w/ Assorted Toppings on a Whole Grain Roll Baked Fries Baked Beans Corn on the Cob	17 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins	18 Mozzarella Tomato Basil Panini Baked Fries Steamed Carrot Coins Grab & Go Sandwich Lunches available for Internships	19 Twisted Cheese Filled Breadsticks w/ Marinara Dipping Sauce Steamed Green Beans
	22 All White Meat Chicken Tenders Belgian Waffle Baked Sweet Potato Fries Steamed Carrot Coins	23	24	25	26
	29 General Tso's Chicken & Broccoli Steamed Brown Rice	30 All Beef Hotdog w/ Assorted Toppings Baked Fries Baked Beans Steamed Carrot Coins	31 Salsa Bar! Choice of Beef, Chicken, or Black Beans Choice of Nacho Chips, Rice Bowl, or Burrito Assorted Toppings Steamed Corn	Additional Options Available Daily: Deli Bar Featuring Boar's Head Deli Meat – Choice of Wraps and Breads with Choice of Protein and Toppings Choice of Milk: 1%, Nonfat Chocolate, or Nonfat Strawberry	

Regents Exams

